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EPIDEMIOLOGY OF HYPERTHYROIDISM

Abstract: There are not any precise data concerning epidemiology of hyperthyroidism (HT) in our surroundings. With the intention to dwell on this topic, we present the literary data regarding this topic. Studying the current literature, we concluded that other regions also lack on data on epidemiology of HT. Mostly they concern epidemiology of HT in certain categories such as women, pregnancy, cardiovascular patients (amiodarone therapy), decreased or increased iodine intake, smokers, thyroid carcinoma. On the grounds of gathered epidemiological data the following may be concluded: we do not have any valid epidemiological data on hyperthyroidism, making a national register for thyroid pathology is necessary, with the screening recommendation for thyroid disease in certain population groups, such as women (especially pregnant women), cardiovascular patients (especially those taking amiodarone), regions with lacks or excess of food iodine and follow up during iodine fortification.

Key words: epidemiology, hyperthyroidism