


SPA & WELLNESS ČIGOTA



— since 1964 —



Osnivanjem SPA&wellness Čigota, Specijalna bolnica na Zlatiboru dobila je novu, savremenu dimenziju, čime se, uz tradicionalno profesionalan odnos prema pacijentima i klijentima, okrenula ka svima kojima je potreban aktivan odmor, rekreacija i relaksacija. Zahvaljujući prepoznatljivim i visokostručnim kadrovima iz oblasti medicine, ovaj zaseban deo pruža gostima poseban benefit koji drugi spa&wellness sektori ne mogu: mogućnost stalne lekarske kontrole i po potrebi raznovrsne medicinske procedure. Zato je i bilo neophodno da se primene svetski standardi u kreiranju individualnog progama masaža i pakovanja tela/lica, u kombinaciji sa aromaterapijom, mineralnim solima, termalnim blatom, krioterapijom, preparatima na bazi plemenitih metala (srebra i zlata), kakaoa, argan ulja, kokosovog i lanenog ulja, kao i drugih specifičnih preparata sa izraženim detoksikantnim i regenerativnim dejstvom, kojima se postižu brzi i efektni detoks, regenerativni i antistres rezultati.

Kroz vodeni blok SPA&Wellness Čigota stručno osoblje će Vas provesti i objasniti načine korišćenja poluolimpijskog bazena, finske saune, parnog kupatila, ruske kupke, kao i slane sobe.

The establishment of SPA&wellness Čigota, Special Hospital in Zlatibor has a new, contemporary dimension, which, along with the traditional professional attitude towards patients and clients, has turned to all those who need an active holiday, recreation and relaxation.

Thanks to its distinctive and highly qualified personnel in the field of medicine, this separate part provides his guests with a special benefit that other spa wellness sectors can not: the possibility of continuous medical control and, if necessary, different medical procedures.

Therefore, it was necessary to apply the world standards in the creation of individual programs of body and face massage, as well as bodywraps, in combination with aromatherapy, mineral salts, thermal mud, cryo therapies, preparations based on precious metals (silver and gold), cocoa, argan oils, coconut and linseed oil, as well as other specific products with pronounced detoxifying and regenerative effect, which provide fast and effective detox, regenerative and antistress results.

SPA & WELLNESS Čigota professional staff will guide you through the water block and explain you the ways of using a semi-Olympic pool, Finnish sauna, steam bath, Russian baths, and salty rooms.



Zašto masaža?

Savremeni način življenja zahteva od nas da se suočimo sa svim promenama, stabilizujemo energiju odbrane, unapredimo zdravlje, očuvamo mladost i svoje psihofizičko blagostanje.

Najprirodniji i najbrži put do očuvanja energetskega balansa se otvara primenom MASAŽE koja aktivira čulo dodira zaslužno za osećaj sigurnosti i mira.

U stanju dugotrajne napetosti (stresa), nadbubrežna žlezda počinje da luči hormon kortizol koji nam pomaže da i u stanju stresa normalno funkcionišemo. Međutim, ukoliko dođe do povećane proizvodnje kortizola, nastaje pad imunološkog sistema, smanjuje se kvalitet vezivnog tkiva, a tonus kože slabi.

Naučni dokazi govore o tome da MASAŽA smanjuje količinu kortizola, ali i da se u toku narednih 24-48 sati određena količina kortizola vraća. Zbog toga je neophodno da se, u vreme akutnog stresa, primene tri MASAŽE u pravilnim vremenskim intervalima, čime će se konstantno smanjivati nivo kortizola i organizam dovesti u balans. Intervali se određuju u skladu sa trenutnim stanjem klijenta, kao i sa njegovim realnim mogućnostima (3 dana za redom, a interval između terapija ne bi trebalo da bude duži od sedam dana).

Primenom MASAŽE, aktivira se lučenje histamina (hormon) koji proširuje krvne sudove, smanjuje upalu i osećaj bola, pospešuje se cirkulacija krvi i rad limfnih žlezda, a pojačavanje lučenja hormona serotonina i endorfina, ukazuje MASAŽI posebno mesto, dajući joj jednu, u neprekidnoj trci sa vremenom, često zaboravljenu dimenziju: UŽIVANJE U ŽIVOTU.

*Sve procedure u SPA&wellness Čigota obavljaju profesionalni maseri, erapeti i kozmetičari.

Why massage?

The modern way of life requires us to face all the changes, stabilize the energy of defense, improve our health, preserve our youth and our psychophysical well-being.

The most natural and fastest way to preserve the energy balance is by receiving the MASSAGE that activates the sense of touch which brings us feeling of security and peace.

In a time of long-term state of tension (stress), the adrenal gland starts to produce the hormone cortisol, which helps us to function normally in the state of stress. However, if there is an increase in cortisol production, there is a fall in the immune system, reduces quality of connective tissue, and drops the skin tone.

Scientific evidence shows that massage reduces the amount of cortisol, and that during the next 24-48 hours a certain amount of cortisol restores. Therefore, it is necessary, during the time of acute stress, to receive three MASSAGES at regular intervals, which will constantly reduce the level of cortisol and bring the body into balance. Intervals are determined in accordance with the current status of the client, as well as with his real possibilities (3 days in a row, and interval between the therapies should not be longer than seven days).

Receiving a massage, triggers the secretion of histamine (hormone), which expands blood vessels, activates production of histamine, reduces inflammation and pain, improves blood circulation and work of lymph glands, and increases production of serotonin (hormone) and endorphins (reduces the pain), indicating a special place to MASSAGE, giving her one, in a continuous race with time, often forgotten dimension: ENJOYING in LIFE.

* All procedures in SPA&wellness Čigota are performed by professional masseurs, therapists and beauticians.



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TRETMANI LICA

Profesionalna kozmetika

PEELING AMERICANO

normal

(Enzimski piling - polutretman za osetljivu i normalnu kožu)

Vreme trajanja tretmana: 20 min.
Cena tretmana: 1.200,00 din.

Dvofazni penušavi tretman namenjen je dehidriranoj, nežnoj i osetljivoj koži izloženoj stresu. Jedinstven i originalan tretman koji daje kombinovani efekat mleka za čišćenje i kozmetičkog pilinga koji uklanja izumrle ćelije i sve nečistoće sa površine kože, a pri tome je ne oštećuje.

PEELING AMERICANO

strong

(enzimski piling - polutretman za masnu i asfiktičnu kožu)

Vreme trajanja tretmana: 20 min.
Cena tretmana: 1.200,00 din.

Dvofazni penušavi tretman za aknoznu, izboranu, masnu, nečistu, kao i suhu kožu sa flekama i pegama. Redovnom upotrebom dovodi do ravnoteže u izlučivanju sebuma (masnoće iz kože), a pritom je čuva od dehidracije. Istovremeno utiče na ujednačavanje pigmenatacije i reljefa kože, prosvetljujući je i čineći je glatkom. Preporuka za produženu negu: More light serum, Immuno defender krema.

FACIAL TREATMENTS

Profesional cosmetics

PEELING AMERICANO

normal

(Enzyme peel - care treatment for sensitive and normal skin type)

Duration: 20 min
Price: RSD 1,200.00

A two-phase foaming treatment is intended for dehydrated, soft and sensitive skin under stress. Unique and original treatment which produces a combined effect of cleansing milk and cosmetic exfoliation which removes dead skin cells and all impurities from the skin surface without damaging it.

PEELING AMERICANO

strong

(Enzyme peel- care treatment for oily and asphictic skin type)

Duration: 20 min
Price: RSD 1,200.00

A two-phase foaming treatment intended for the acne-prone, wrinkled, oily, impure as well as dry skin with spots and freckles. A regular use leads to the balance of sebum secretion (oily secretion of the skin) and keeps it from dehydrating. At the same time it affects the pigment equalization and skin relief, brightening it and making it smooth. Recommendation for further care: More light serum, Immuno defender cream.

AURUM LUX TRETMAN

Tretman sa česticama zlata
(anti-aging tretman, detox & hydra tretman)

Vreme trajanja tretmana: 60 min.

Cena tretmana: 4.900,00 din.

Tretman visoke profesionalne kozmetologije - ampula, krema i maska koriste se samo i jedino za Vas! Smanjuje i usporava umnožavanje ostarelih ćelija kože, hidrira epiderm i deluje na detoksikaciju kože. Zahvaljujući algama koje simuliraju botox, izuzetno je efikasan protiv bora, a sitne čestice zlata deluju kao prirodni antioksidans. Idealan tretman za kožu posle 35 godine starosti.

Preporuka za produženu negu: Aurum krema dan i noć, Metabolički aktivator Shilly Shally, To tone up maska, Serumi: Active serum gel, Mineral-vitamin integrator.

AURUM TRETMAN

Tretman sa zlatnom krem maskom
(maska na bazi čestica zlata za tretman kože sklone preranom starenju i sa oslabljenim tonusom)

Vreme trajanja tretmana: 60 min.

Cena tretmana: 2.900,00 din.

Usporavanje starenja kože, njena hidratacija i detoksikacija su osnovni efekti koji se postižu korišćenjem Aurum krem maske kod kože sklone preranom starenju (koja pokazuje prve znakove slabljenja tonusa). Zlatne čestice deluju kao prirodni antioksidans, a alge koje simuliraju botoks imaju snažno dejstvo protiv bora. U serijskom anti-aging tretiranju kože, odlično se kombinuju sa Aurum i Shilly Shally tretmanom. Namenjen je koži posle 30-e godine.

Preporuka za produženu negu: Aurum krema dan i noć, Metabolički aktivator Shilly Shally, To tone-up maska, Serumi: Active serum gel, Mineral-vitaminski integrator.

AURUM LUX TREATMENT

Treatment with gold particles
(Anti-aging treatment, detox & hydra treatment)

Duration: 60 min

Price: RSD 4,900.00

Treatment of high professional cosmetology - ampoules, cream and mask are used only and exclusively for you! Reduces and slows down the reproduction of aged skin cells, hydrates the epidermis and enables the skin detoxication. Due to algae that stimulate Botox effect, it is extremely efficient in combating wrinkles, and gold nanoparticles act as a natural antioxidant. It is an ideal treatment for the skin after the age of 35.

Recommendation for extended care: Aurum night and day cream, Shilly Shally metabolic activator, To tone up mask, Serums: Active serum gel, Mineral-vitaminic integrator.

AURUM TREATMENT

Treatment with gold cream mask
(gold-based mask for skin prone to premature aging and/or with a weakened tonus)

Duration: 60 min.

Price: 2.900,00 din.

Deceleration of aging of the skin, her hydration and detoxification are the main effects that could be achieved by using Aurum cream mask with the skin prone to premature aging (which is showing the first signs of weakening tone). Golden particles act as natural antioxidants, and algae that are simulating botox have a powerful anti-wrinkle effect. In a series of anti-aging skin treatments, they are well versed with Argentum and Shilly Shally treatment. It is designed for older and over 30 years old skin.

Recommendation for further care: Aurum day and night cream, Shilly Shally Metabolic activator, To tone-up mask, Active serum gel, Mineral-vitaminic integrator.

ARGENTUM LUX TRETMAN

Tretman sa česticama srebra

(antibakterijski i protiv upalni tretman za osetljivu i problematičnu kožu)

Vreme trajanja tretmana: 60 min.

Cena tretmana: 4.900,00 din.

Tretman visoke profesionalne kozmetologije - ampula, krema i maska koriste se samo i jedino za Vas! Pročišćava problematičnu kožu i vraća joj balans na ćelijskom nivou, zbog čega je izuzetno rešenje u svim slučajevima naglašene osetljivosti i sklonosti alergijskim reakcijama. Zahvaljujući antibakterijskim svojstvima srebrnih čestica, kao i antiupalnom dejstvu žalfije, aloja vere i matičnog mleča, već posle prvog tretmana su vidljivi efekti dobrog balansa tretirane kože.

Preporuka za produženu negu: Argentum krema, Immuno defender krema, Metabolički aktivator Shilly Shally, Purifying ampula, Purifying maska, SPA MUD maska.

ARGENTUM TRETMAN

Tretman sa srebrnom krem maskom

(maska na bazi čestica srebra za tretman osetljive i problematične kože)

Vreme trajanja tretmana: 60 min.

Cena tretmana: 2.900,00 din.

Tretman koji će kod veoma osetljive kože sklone alergijskim reakcijama dati izuzetno brz umirujući efekat, zbog čega ga rado koristimo posle dubinskog čišćenja kože lica, dekoltea i leđa. Antiupalno dejstvo žalfije i aloja vere, kao i antibakterijsko dejstvo srebrnih čestica, omogućava korišćenje ove maske u serijskim tretmanima u lečenju akni, kao i u pročišćavanju problematične kože. U ovakvim slučajevima, radi bržih rezultata, Argentum krem maska se odlično kombinuje sa Argentum i Shilly Shally tretmanom kože.

Preporuka za produženu negu: Argentum krema, Immuno defender krema, Metabolički aktivator Shilly Shally, Purifying ampula, Purifying maska, SPA MUD maska.

ARGENTUM LUX TREATMENT

Treatment with silver particles

(Anti-bacterial&purifying treatment for sensitive and problematic skin type)

Duration: 60 min.

Price: RSD 4,900.00

Treatment of high professional cosmetology- ampoules, cream and mask are used only and exclusively for you! It purifies problematic skin and restores its balance at the cellular level, which makes it an ideal solution for all cases of extreme sensitivity and inclination towards allergic reactions. Due to the anti-bacterial properties of silver particles, as well as anti-inflammatory effects of sage, aloe-vera and royal jelly, the effects of a perfect balance of the treated skin are visible after the first treatment.

Recommendation for further care: Argentum cream, Immuno defender cream, Shilly Shally metabolic activator, Purifying ampule, Purifying mask, SPA MUD mask.

ARGENTUM TREATMENT

Treatment with silver cream mask

(silver-based mask for sensitive and problematic skin)

Duration: 60 min.

Price: RSD 2.900,00

Treatment will give quick calming effect to very sensitive skin prone to allergic reactions, which is the reason why we often use this treatment after deep cleansing of the face, chest and back. Anti-inflammatory effect of sage and aloe vera, as well as antibacterial effect of silver particles, enables the use of the mask in serial treatments in the process of treating acne, as well as in purifying of problematic skin. In such cases, for quicker results, Argentum mask cream goes well with Aurum and Shilly Shally treatment of the skin.

Recommendation for further care: Argentum cream, Immuno defender cream, Shilly Shally Metabolic activator, Purifying ampoule, Purifying mask, SPA MUD mask.

SHILLY SHALLY TRETMAN

Lifting tretman lica prilagođen tipu Vaše kože

Vreme trajanja tretmana: 60 min.

Cena tretmana: 2.900,00 din.

Efikasna stimulacija ćelijske regeneracije, naročito u zonama pojačane osetljivosti (region oko očiju i usta) i uspostavljanje ravnoteže poremećenih metaboličkih procesa u koži, jeste razlog što je ovaj tretman namenjen njenim najrazličitijim tipovima.

Preparati iz Shilly Shally linije naročito deluju na detoksikaciju i tonifikaciju kože, vraćajući joj elastičnost i podstičući funkcije epiderma, usporavajući opuštanje kože i ublažavajući znake starenja. Ovaj efekat se postiže zahvaljujući proteinima soje i pirinča koji naročito deluju na učvršćivanje vezivnog tkiva, a rezultati u izjednačavanju i ispravljanju izražajnih bora na čelu, oko očiju i usana su vidljivi ODMAH. Istovremeno, zahvaljujući jakom detoksikantnom dejstvu, ublažavaju se ili potpuno nestaju tamni podočnjaci. Zato je Shilly Shally tretman nezamenjiv u posebnim situacijama kada je lice naročito izloženo pogledima: fotografisanje, veliki skupovi, ceremonije, snimanja...

*Specifičnost ovog tretmana predstavlja lepljiva masaža koja se obavlja posebnim pokretima, čime se aktivira uspavano tkivo stimulišući prirodne biološke funkcije *
Preporuka za produženu negu: Metabolički aktivator Shilly Shally, Aurum krema dan i noć, Ace Antiaging (Restitutiva) krema, Ridensificante (Special) krema, Anti-aging drops, Serumi: Active serum gel, Mineral-vitamin integrator.

ENERGY TRETMAN

Tretman na bazi vitamina C
(revitalizujući i hidrirajući tretman, antistres tretman,
za asfiktične kože - bez kiseonika)

Vreme trajanja tretmana: 60 min.

Cena tretmana: 2.500,00 din.

Energy liniju čine Energy krema i maska koje su bogate vitaminom C, zahvaljujući grejpfrutu i šipku. Šipak sadrži i beta-karoten i vitamin A, koji su antioksidanti (deluju na slobodne radikale), što pospešuje zarastanje oštećenja na koži nastalih kao posledice procesa starenja ili sunčevog zračenja.

Energy tretman poboljšava cirkulaciju, štiti kožu od starenja i jača imuni sistem, pa koža nakon njega izgleda odmorno i sveže.

Preporuka za produženu negu: Energy krema, Immuno defender krema, Serumi: More light, Mineralni vitaminski integrator.

SHILLY SHALLY TREATMENT

Lifting face tretman adapted to your skin type

Duration: 60 min

Price: RSD 2,900.00

Efficient stimulation of cell regeneration, especially in the areas of the heightened sensitivity (the region around the eyes and the mouth) and establishing a balance of the disturbed metabolic processes in the skin, are the reasons this treatment is intended for various skin types.

Shilly Shally products are especially efficient in skin detoxification and tonification, restoring its elasticity and stimulating the functions of the epidermis, slowing down skin sagging and softening the signs of aging. This effect is obtained through soy and rice proteins which have a special effect on tonifying connective tissue, and the results of straightening and correcting expressive wrinkles on the forehead and around the eyes and mouth are visible IMMEDIATELY. At the same time, due to its strong detoxifying effect, dark circles under the eyes are reduced or they disappear completely. This is the reason why Shilly Shally treatment is indispensable in special occasions when a person is in the spotlight: photo shooting, large gatherings, ceremonies, filming...

The specific part of this treatment is a sticky massage which is performed by using special movements, which activate dormant tissue, thus stimulating natural biological functions.

Recommendation for further care: Shilly Shally metabolic activator, Aurum day and night cream, Ace Antiaging (Restitutiva) cream, Ridensificante (Special) cream, Anti-aging drops, Serumi: Active serum gel, Mineral-vitaminic integrator.

ENERGY TRETMAN

Treatment based on Vitamin C
(revitalizing & hydra treatment, antistress treatment,
for asphyctic skin type - without oxygen)

Duration: 60 min

Price: RSD 2,500.00

Energy line consists of Energy cream and mask which are rich in vitamin C, due to grapefruit and rosehip. Rosehip also contains beta-carotene and vitamin A, which are antioxidants (they have an impact on free radicals), which improves healing damaged skin which was the result of aging or sun radiation.

Energy treatment improves circulation, prevents skin aging and strengthens your immune system, as a result you have fresh, well rested-looking skin.

SENSITIV TRETMAN

Tretman za osetljivu kožu
(za nežne, osetljive, oštećene kože, kože sklone kuperози)

Vreme trajanja tretmana: 60 min.
Cena tretmana: 2.500,00 din.

Suva, osetljiva i nežna koža često je iritirana ili pod crvenilom. Zahvaljujući sinergiji prirodnih ekstrakta slatkog korena, bisabolola i azulena, smiruju se upalni procesi kože, uspostavlja se hidrolipidna ravnoteža i sprečava gubitak vode u epidermu. Vitamin C iz grejprfruta i šipka poboljšavaju cirkulaciju i pomažu u rešavanju problema proširenih kapilara, dok borovnica i kesten ne deluju samo na posledicu, već i na uzrok problema, tako da se zahvaljujući jačanju i zaštiti zidova krvnih sudova postiže trajni efekti dobrog tonusa, elastičnosti i ujednačenog tena.

Preporuka za produženu negu: Sensitive ampule, Mineral-vitaminski integrator, Metabolički aktivator Shilly Shally, Biorepairing (Calmante) krema, Hydra drops, Calming (Calmante) maska, SPA MUD maska.

ČOKOLADANI ANTISTRES TRETMAN

Tretman na bazi kakao ekstrakta za stresiranu kožu
(za dehidrirane, stresirane kože)

Vreme trajanja tretmana: 60 min.
Cena tretmana: 2.500,00 din.

Negujuće, hranljivo i zaštitno dejstvo kakao ekstrakta je razlog za čestu upotrebu u kozmetologiji. Antioksidanti (teobromin, tanin) sadržani u kakaou imaju pozitivan uticaj na cirkulaciju krvi i pročišćavanje krvnih sudova. Pritom, dejstvo čokolade na stimulaciju proizvodnje endorfina koji deluje protiv bola, kao i na stvaranje serotoninu zbog čega utiče na dobro raspoloženje svakako su razlozi da ova vrsta tretmana ima posebno intenzivno dejstvo u slučajevima pojačanog stresa koji svakako za posledicu ima oslabljen tonus kože koja ostaje bez sjaja i energije. Preporuka za produženu negu: Chocolate Feel Good krema, Mineral-vitaminski integrator, Flash Body Scrub - piling na bazi čokoladnog ulja.

***UZ NAVEDENE TRETMANE, DUBINSKO ČIŠĆENJE KOŽE LICA
(KOMEDOEKSPRESIJA) RADI SE PO POTREBI***

'SENSITIVE' TREATMENT

Treatment for sensitive skin
(for delicate sensitive damaged skin, skin prone to couperose)

Duration: 60 min.
Price: RSD 2,500.00

Dry, sensitive and delicate skin is often irritated or red. Thanks to the synergy of natural extracts of liquorice, bisabolol and azulene, the inflammation of the skin is soothed, the hydro-lipid balance is established and the loss of water in the epidermis is prevented. Vitamin C from grapefruit and rosehip improves blood circulation and helps solve the problem of dilated capillaries, whereas blueberry and chestnut have effects not only on the result but the cause of the problem as well, so that, due to the strengthening and protection of the blood vessel walls, a long-lasting effect of the good skin tone, elasticity and uniform complexion is achieved.

Recommendation for further care: Sensitive ampoule, Mineral-vitaminic integrator, Shilly Shally metabolic activator, Biorepairing (Calmante) cream, Hydra drops, Calming (Calmante) mask, SPA MUD mask.

ANTISTRESS CHOCOLATE TREATMENT

Treatment based on cocoa extracts for stressed-out skin
(for dehydrated stressed-out skin types)

Duration: 60 min.
Price: RSD 2,500.00

A nurturing, nourishing and protective effect of cocoa extract is the reason why it is frequently used in cosmetology. Antioxidants (theobromine, tannins) contained in cocoa have a positive effect on blood circulation and purification of blood vessels. At the same time, the effect of chocolate on stimulating production of endorphins which relieves the pain and the formation of serotonin which contributes to a good mood, are definitely the reasons this type of treatment has a special intensive effect in cases of increased stress that certainly has a result in a weekend skin tone left without glow and energy.

Recommendation for further care: Chocolate Feel Good cream, Mineral-vitaminic integrator, Flash Body Scrub -peeling based on chocolate oil.

***WITH THE ABOVE-MENTIONED TREATMENTS, DEEP CLEANSING SKIN
FACIAL (COMEDO EXTRACTION) IS DONE IF NECESSARY***

SHILLY SHALLY TRETMAN

Lifting tretman za grudi i vrat

Tretman grudi i vrata:

Vreme trajanja tretmana: 45 min.

Cena tretmana: 2.200,00 din.

Shilly Shally tretman za grudi i vrat postiže tonifikujuć i lifting efekat. On zateže kožu grudi i vrata, ublažava strije, vraća turgor i podstiče funkcije epiderma usporavajući opuštanje kože i ublažavajući znake starenja.

*Specifičnost ovog tretmana predstavlja lepljiva masaža koja se obavlja posebnim pokretima, čime se aktivira uspavano tkivo stimulišući prirodne biološke funkcije * Pravi efekti se postižu serijom 4-8 tretmana dva ili tri puta nedeljno, kao i adekvatnom produženom negom kod kuće.

Preporuka za produženu negu kod kuće: Metabolički aktivator Shilly Shally, Bouquet S, New Breast krema.

SHILLY SHALLY TRETMAN

Lifting tretman za lice, grudi i vrat

Tretman lica, grudi i vrata:

Vreme trajanja tretmana: 75 min.

Cena tretmana: 4.100,00 din.

Shilly Shally tretman za grudi i vrat postiže tonifikujuć i lifting efekat. On zateže kožu grudi i vrata, ublažava strije, vraća turgor i podstiče funkcije epiderma usporavajući opuštanje kože i ublažavajući znake starenja.

*Specifičnost ovog tretmana predstavlja lepljiva masaža koja se obavlja posebnim pokretima, čime se aktivira uspavano tkivo stimulišući prirodne biološke funkcije * Pravi efekti se postižu serijom 4-8 tretmana dva ili tri puta nedeljno, kao i adekvatnom produženom negom kod kuće.

Preporuka za produženu negu kod kuće: Metabolički aktivator Shilly Shally, Bouquet S, New Breast krema.

SHILLY SHALLY TREATMENT

Lifting treatment for chest and neck

Neck and chest treatment:

Duration: 45 min.

Price: RSD 2,200.00 din.

Shilly Shally treatment for chest and neck has a lifting and tonifying effect. It tightenes the skin of the chest and neck, smoothes out stretch marks, restores the turgor and stimulates the function of the epidermis by slowing down skin sagging and alleviates the signs of aging.

*The special part of this treatment is a sticky massage which is performed by using special movements, which activate dormant tissue, thus stimulating natural biological functions *

The true effects are achieved by a series of 4-8 treatments twice or three times a week, as well as with adequate further home care.

Recommendation for further care: Shilly Shally metabolic activator, Bouquet S, New Breast cream.

SHILLY SHALLY TREATMENT

Lifting treatment for chest and neck

Neck and chest treatment:

Duration: 75 min.

Price: RSD 4,100.00 din.

Shilly Shally treatment for chest and neck has a lifting and tonifying effect. It tightenes the skin of the chest and neck, smoothes out stretch marks, restores the turgor and stimulates the function of the epidermis by slowing down skin sagging and alleviates the signs of aging.

*The special part of this treatment is a sticky massage which is performed by using special movements, which activate dormant tissue, thus stimulating natural biological functions *

The true effects are achieved by a series of 4-8 treatments twice or three times a week, as well as with adequate further home care.

Recommendation for further care: Shilly Shally metabolic activator, Bouquet S, New Breast cream.



SUNNY SPA



TRETMANI TELA

Idealna način da očistite vaše telo od toksina i da osetite blagodeti opuštanja.

SPORTSKA MASAŽA

Vreme trajanja 40 - cena: 3.000,00

Vreme trajanja 50 - cena: 4.000,00

Masaža mišićno-vezivnog tkiva, namenjena sportistima koji su u intenzivnom treningu, radi sprečavanja upalnih procesa i postizanja boljih sportskih rezultata. U toku masaže celog tela, fokus je na individualnim potrebama klijenta. Cilj je oporavak mišića od mikrotrauma na mišićnim vlaknima, koje dovode do upale i bolova u istim, kao i smanjenje količine mlečne kiseline koja se stvara nakon fizičkog napora (treninga). Ova vrsta masaže pospešuje cirkulaciju, dotok hranljivih materija i kiseonika koji su neophodni za mišićni oporavak.

RELAX

Vreme trajanja 60 - cena: 3.500,00

Ova tehnika obuhvata masažu celog tela na fizičkom nivou. Namenjena je svima koji žele kratak predah od svakodnevnih obaveza. Cilj masaže je uklanjanje stresa i nakupljenog umora. Relax masažom se uspostavlja pravilan rad srca, poboljšava se cirkulacija i produbljuje disanje. Ova tehnika vrlo brzo i efikasno omogućava da se mišićna struktura klijenta opusti. U kombinaciji sa adekvatnim aromatičnim uljima, koja putem čula mirisa deluju na centre za umirenje, postiže se brzo opuštanje i duboko mentalnog dela. Relax masažom se blagovremeno pospešuje lučenje endorfina - hormona sreće.

BODY TREATMENTS

Perfect way to clean your body from toxins and to feel the benefits of relaxation.

SPORTS MASSAGE

Duration: 40 - Price: RSD 3,000.00

Duration: 50 - Price: RSD 4,000.00

Massage of muscle-connective tissue intended for athletes who are in intensive training, for prevention of inflammatory processes and achievement of better sports results. During massage of the whole body, focus is on the individual needs of the client. The goal is to recover the muscle from microtrauma on the muscle fibers, which lead to inflammation and pain, as well as reducing the amount of lactic acid that is created after physical effort (training). This type of massage stimulates circulation, flow of nutrients and oxygen that are necessary for muscle recovery.

RELAX

Duration: 60 - Price: RSD 3,500.00

This technique involves whole-body massage at the physical level. It is intended for anyone who wants a short break from everyday tasks. The goal of the massage is to remove stress and accumulated fatigue. Relax massage establishes the proper work of the heart, improves circulation and deepens breathing. This technique enables the muscular structure of the client to be relaxed very quickly and efficiently. Combined with adequate aromatic oils, which, by the senses of smell, affect the centers for calm, quick relaxation and deep mental work are achieved. Relax massage promotes the secretion of endorphins - the hormone of happiness in a timely manner.

HOLISTIČKA MASAŽA

Vreme trajanja tretmana: 90 min.
Cena tretmana: 4.000,00 din.

Holistička masaža celog tela kojom se postiže dubinska relaksacija organizma na fizičkom, emotivnom i mentalnom nivou. U okviru ovakvog tretmana koriste se različite tehnike koje će u trenutku sprovođenja masaže dati najbolje efekte u ublažavanju tegoba izazvanih stresom i lošim životnim navikama, eliminacije otrova iz organizma, postizanju relaksacije i boljeg raspoloženja. Namenjena svima koji žele da se suštinski posvete sebi i svojim potrebama, ostavljajući vreme posle masaže za svoj lični rast i razvoj (meditaciju, čitanje, film, druženje...).

GLOBWELL

Vreme trajanja tretmana: 90 min.
Cena tretmana: 4.000,00 din.

‘Opšta dobrobit’ se postiže posebnim tretmanom koji predstavlja spoj tradicionalnih i klasičnih medicinskih znanja, zbog čega je posebno namenjena savremenom čoveku. Zahvaljujući dobrom energetskom balansu koji se uspostavlja radom na energetskim centrima i kanalima, moguće je sprovođenje limfne drenaže celog organizma u slučajevima koji su inače kontraindikovani za takvu vrstu terapije. Namenjena je najvećem broju klijenata, bez obzira na pol i na starost, a osećaj rasterećenja, ublažavanje ili potpuno nestajanje tegoba izazvanih nepravilnim sedenjem, slabom fizičkom aktivnošću, lošom ishranom i izlaganjem stresnim situacijama se dugo zadržava zahvaljujući posebno odabranoj kombinaciji eteričnih ulja.

O značaju ovakve tehnike i mogućnostima sprovođenja u najvećem broju slučajeva govori činjenica da se upravo ona izučava u okviru prvog stepena edukacije za SPA i wellness terapeute po Metodologiji Beauty Imagini i predstavlja bazni deo ponude vodećih holističkih cenatara u svetu.

HOLISTIC MASSAGE

Duration: 90 min.
Price: RSD 4,000.00

Holistic full body massage is a massage which leads to a deep relaxation of the body on the physical, emotional and mental level. This treatment uses various techniques which will, at the moment of the massage, give the best effect in relieving symptoms caused by stress and bad life habits, eliminating toxins from the body, achieving relaxation and creating a better mood. For everyone who wants to dedicate their time to themselves and their own need sparing time (60-120 min) after the massage for their own personal growth and development (meditation, reading, movies, socialising...).

GLOBWELL

Duration: 90 min.
Price: RSD 4,000.00

‘Global welfare’ is achieved by a special treatment which represents a combination of traditional and classical medical knowledge, which is the reason why it is specially designed for a modern man. Due to a good energy balance which is established through working on energy centres and channels, it is possible to perform lymphatic drainage of the whole body in cases which are otherwise contraindicated for this type of treatment. It is created for the majority of customers regardless of their sex and age, while a sense of relief, alleviation and complete disappearance of the symptoms caused by improper sitting and low physical activity, poor diet and exposure to stressful situations, are felt much longer due to a specially selected combination of essential oils.

The importance of this type of technique and the possibilities of its application in the majority of cases is shown by the fact that the technique itself is studied in the first-level training for Spa and Wellness therapists according to the Beauty Imagini Methodology and it represents the basic part of the offer of all the leading holistic centres in the world.

PARCIJALNE MASAŽE TELA

Parcijalna masaža je usmerena isključivo na određeni, željeni, deo tela (leđa, vrat, glavu, stopala...). Cilj joj je brzo opuštanje ili oslobađanje određenog dela tela stresa i napetosti. U pitanju je intenzivnija, specifično fokusirana tehnika, koja obično traje oko 30 minuta u zavisnosti od vrste masaže.

MASAŽA LICA

Vreme trajanja tretmana: 20 min.
Cena tretmana: 1.400,00 din.

U susretu sa sobom i sa drugim ljudima, prvi pogled je u pravcu našeg lica. Ukoliko umemo i želimo da gledamo, sve nam kaže o tome kako se osećamo: da li smo odmorni, koliko su mišići našeg lica napeti, da li smo dugo bili pred kompjuterom, u zatvorenom prostoru, koliko je toksina apsorbiralo naše telo... Ukoliko prepoznamo neko od ovih stanja kada se pogledamo u ogledalo, sasvim sigurno bi nam masaža lica jednom ili dva puta nedeljno drastično promenila izgled, jer bi pomogla detoksikaciju kože, relaksaciju mišića lica i istovremeno pojačala tonus kože. Naravno, posebnu ulogu imaju preparati (kreme ili ulja) koji se koriste prilikom masaže lica i koji se biraju prema tipu i stanju kože.

MASAŽA KOSMATOG DELA GLAVE

Vreme trajanja tretmana: 20 min.
Cena tretmana: 1.400,00 din.

Klijenti koji su veoma izloženi stresu, svakako imaju intenzivan osećaj 'pritiska' u glavi, a posebno u potiljačnom, čeonom, slepoočnom i temenom delu glave. Upravo zbog toga, pravilo u Beauty Imgini centru jeste da se u toku svake masaže (celog tela, parcijalne, tretmana lica...) radi masaža glave. U slučajevima intenzivne mentalne aktivnosti, depresije, anksioznosti, čestih glavobolja, migrene, masaža kosmatog dela glave ima poseban značaj u serijskim tretmanima kada omogućava brzu relaksaciju, smanjenje ili potpuni nestanak tegoba i poboljšanje opšteg stanja organizma. Masaža može da se radi bez ili sa uljem (u zavisnosti od potreba i mogućnosti klijenta), posle čega klijent može da opere i osuši kosu, ukoliko to želi.

PARTIAL BODY MESSAGES

Partial massage is directed exclusively to a specific, desired part of the body (back, neck, head, feet ...). Main goal is to quickly relax or release a certain part of the body from stress and tension. This is a more intensive, specifically focused technique, which usually takes about 30 minutes depending on the type of massage.

FACE MASSAGE

Duration: 20 min.
Price: 1.400,00 din.

In the meeting with ourselves and with other people, the first look is made in the direction of our face. If we can and if we want to observe, everything tells us how we feel: are we resting, if our face muscles are tense, whether we've been in front of a computer for a long time, or in an enclosed space, how much toxins did our body absorbed etc. If we recognize one of these conditions when we look at the mirror, it is quite certain that receiving a face massage once or twice per week could drastically change our appearance, as it would help detoxify the skin, relax the facial muscles and at the same time enhance the skin's tone. Of course, special role in this change have beauty products (creams or oils) used during facial massage, which are chosen according to the type and condition of the skin.

HEAD & NECK MASSAGE

Duration: 20 min.
Price: 1.400,00 din.

Clients who are very exposed to stress, certainly have an intense feeling of 'pressure' in the head, and especially in the back part of the head, forehead, temples and top of the head. For this reason, important rule in our Center is to include head massage during every treatment (whole body, partial, facial treatment ...). In cases of intense mental activity, depression, anxiety, frequent headaches, migraine, massage of the hairy part of the head has a special significance in serial treatments when it enhances quick relaxation, reduction or complete disappearance of the symptoms and improvement of the general state of the body. Massage can be done without or with oil (depending on the needs and possibilities of the client).

AMPUKU

Vreme trajanja tretmana: 20 min.
Cena tretmana: 1.200,00 din.

Sa kompresama đumbir/termalno blato:

Vreme trajanja tretmana: 35 min.
Cena tretmana: 1.500,00 din.

Tehnika masaže stomaka razvijana u Japanu (preneti iz Kine), u kojoj se palpacijom abdomena vrši dijagnostika i ublažavanje (ili potpuno nestajanje) tegoba koje mogu da se jave u predelu stomaka (iritacije debelog creva, otoci, problemi sa varenjem, endometrijoza...). Suština ove tehnike je u orijentalnoj filozofiji koja povezuje um i telo preko energetskih puteva čiji je centar Hara (centar vitalne energije).

Ovo je veoma korisna tehnika kod ljudi sa usporenim metaboličkim procesima (pomaže kod tretmana mršavljenja), kao i kod onih koji ne mogu da 'vare' okolnosti u kojima žive (psihološki nivo).

Kompresе od đumbira ili termalnog blata (pročišćavanje krvi, brža eliminacija toksina, jačanje i revitalizacija funkcije bubrega...) pojačavaju efekte ampuku tehnike.

MASAŽA LEĐA

Sportska: 30 min. Relax: 40 min.
Cena: 2.000,00 din. Cena: 2.000,00 din.

Sportska/Relaks masaža leđa. Namijenjena svima koji nemaju dovoljno vremena za masažu celog tela, a imaju hroničan problem sa bolom u leđima, ramenim pojasom i vratnim delom kičme. Obavezan deo masaže je masaža ramenog pojasa i kosmatog dela glave.

MASAŽA NOGU

Sportska: 20 min. Relax: 30 min.
Cena: 1.800,00 din. Cena: 1.800,00 din.

Sportska masaža nogu je namenjena sportistima koji su u intenzivnom treningu radi sprečavanja upalnih procesa i postizanja boljih sportskih rezultata.

AMPUKU

Duration: 30 min.
Price: RSD 1,200.00

With ginger compress/termal mud:

Duration: 45 min.
Price: RSD 1,500.00

Abdominal massage technique developed in Japan (brought from China), in which the diagnosis and mitigation (or complete healing) of the symptoms which can occur in the stomach (collon irritation, swelling, digestive problems, endometriosis...) are done by palpation of the abdomen. The essence of this technique is in the oriental philosophy which connects the mind and the body through the energy pathways, the centre of which is Hara (the centre of vital energy).

This is a very useful technique for people with slow metabolic processes (it helps with the treatment of weight loss), as well as in those who cannot "digest" circumstances they live in (psychological level).

Ginger or termal mud compresses (blood purification, faster toxin elimination, strengthening and revitalising the kidney function...) increase the effects of the ampuku technique.

BACK MASSAGE

Sport: 30 min. Relax: 40 min.
Price: RSD 2,000.00 Price: RSD 2,000.00.

Sports/ relax back massage. It is for everyone who does not have enough time for the full body massage, but they have a chronic problema with a back pain, shoulder girdle, and cervical verterbrae. The obligatory part of the massage is the massage of the head and neck.

LEG MASSAGE

Sport: 30 min. Relax: 30 min.
Price: RSD 1,800.00 Price: RSD 1,800.00.

Sports leg massage is designed for athletes who have intensive trainings to prevent inflammatory processes and help them achieve better sports results.

ANTICELULIT MASAŽA

Vreme trajanja tretmana: 30 min.

*U slučaju izraženih vena i kapilara koriste se isključivo drenažni pokreti u tretmanima Nevercell 1+1 ili Thermica , a posebno su preporučljiva krio pakovanja (GIO, BRA) ili drenaža Sport gelom.

Nevercell 1+1

Cena tretmana: 1.700,00 din.

Izuzetno snažno dejstvo na depozite vode i masti, zbog enzima ananasa i Centellae asiatica (alga), izdvojenih u prahu koji se aktivira u momentu korišćenja preparata. Ovim tretmanom se pregrupiše hidrolipidna masa, tako da se stimulacijom cirkulacije i viskoznosti ćelija prolongira efekat elastičnosti kože za duži vremenski period.

Posebno preporučljivo kod čvrstih, sportskih mišića (sportskog celulita).

*Terapeut aktivira sadržaj Ampule zavrtnjem zapušača u pravcu kazaljke na satu, dobro izmeša sadržaj da bi se ulje sjedinilo sa aktivnim prahom, otvara ampulu i radi masažu.

Hyperaemic oil

Cena tretmana: 1.500,00 din.

(izuzetno jako hiperemičko dejstvo - ne koristi se kod izraženih kapilara i vena)
Odlični efekti se postižu zahvaljujući izuzetnim hiperemičkim svojstvima. Ubrzavanje izbacivanja tečnosti i uspostavljanje hidrolipidne ravnoteže, kao i stimulacija cirkulacije i jačanje krvnih sudova, daju dugoročnu elastičnost tkivu. Obzirom na prisustvo Methyl nicotin-a koji je dobar prečistač, ali istovremeno izaziva jako crvenilo i osećaj toplote, ovaj tretman se ne preporučuje osetljivoj koži.

Thermica

Cena tretmana: 1.500,00 din.

(može se koristiti kod proširenih kapilara)

Namenjen borbi protiv hroničnog celulita, jer razbija hidrolipidne naslage, stimuliše prokrvljenost, razmenu kiseonika i međuceljski metabolizam. Zahvaljujući borovnici i kofeinu, bioflavanoidima, krvni sudovi su zaštićeni. Kofein stimuliše proces mršavljenja i oslobađanje otrova iz tkiva, ubrzava razlaganje masti, stimulišući enzimske reakcije pri razbijanju masnih naslaga.

Preporuka za produženu negu: Thermica krema, Nevercell 1+1 vodeni rastvor, Metabolički aktivator Shilly Shally.

ANTI-CELLULITE MASSAGE

Duration: 30 min.

*In case of prominent veins and capillaries only drainage movements are used in the treatments Nevercell 1+1 or Thermica ,cryo packages (GIO, BRA)are especially recommended or drainage using Sport gel.

Nevercell 1+1

Price: RSD 1,700.00

A very strong effect on the water and fat deposits, and due to pineapple enzymes and Centellae asiatica (algae), extracted in powder which is activated at the moment of product application. This treatment is used to regroup hydro lipid mass, so that the stimulation of blood circulation and cell viscosity prolong the effect of skin elasticity for a longer period of time.

Especially recommended for strong sports muscles (sports cellulite).

*The therapist activates the content of the ampoule by tightening the stopper in the clockwise direction, mixes the content well so that the oil is blended with the active powder, opens the ampoule and performs the massage.

Hyperaemic oil

Price: RSD 1,500.00

(a very strong hyperemic effect - not to be used with prominent capillaries and veins)
Great effects are achieved due to exceptional hyperemic qualities. Accelerating the fluid elimination and establishing the hydro lipid balance, as well as stimulating the blood circulation and strengthening the blood vessels, provide a long lasting elasticity to the tissue. Due to the presence of Methyl nicotin which is a good filter, but at the same time it causes severe redness and the feeling of hotness, this treatment is not recommended for sensitive skin.

Thermica

Price: RSD 1,500.00

(can be used in dilated capillaries)

Created for combating chronicle cellulite, as it breaks down hydro lipid deposits, stimulates blood flow, oxygen exchange and intercellular metabolism. Thanks to blueberry and caffeine, bioflavanoids, blood vessels are protected. Caffeine stimulates the weight loss process and frees toxins from the tissues, stimulates fat break-down, stimulating the enzyme reactions during the fat deposits break down.

Recommendation for further care: Thermica cream, Nevercell 1+1 aqueous solution, Shilly Shallymetabolic activator.



REFLEKSOLOGIJA STOPALA

Vreme trajanja tretmana: 30 min.
Cena tretmana: 1.700,00 din.

Refleksologija + Paraff.pakovanje: 45 min.
Cena tretmana: 2.000,00 din.

Masaža stopala predstavlja jednu od najstarijih tehnika masaže. Posebno usavršena tehnika stimulacije određenih tačaka na stopalu direktno utiče na određene organe u celom telu i deluje na ublažavanje ili potpuno otklanjanje bolova, kako u nogama, tako i u organima sa kojima ove tačke korespondiraju.

Prema refleksologiji, telo se sastoji iz 14 kanala koji prenose energiju, preko nerava, limfe, krvi. Ako zbog bilo kakvog razloga ovaj protok bude prekinut, neophodno je da se povrati adekvatnim stimulacijama. Masažom (tome nas uče vekovna iskustva) možemo da delujemo tako da odblokiramo energetske puteve. Na ovaj način možemo da stimulišemo unutrašnje organe, naročito kada su u pitanju bolovi određenih organa (stomak, pluća, grlo...) i kada je masaža bolnih mesta nemoguća.

MASAŽA STOPALA

Vreme trajanja tretmana: 20 min.
Cena tretmana: 1.100,00 din.

Jedna od najstarijih tehnika masaže predstavlja bazu tradicije masiranja tela. Obzirom da se radi o delu našeg tela koje je veoma izloženo fizičkom naporu nošenja težine celog našeg organizma, kao i na specifičan izgled stopala koje se sastoji od velikog broja sitnih kostiju i mišića, jasno je kako se radi o veoma suptilnom, a istovremeno snažnom delu noge. Takva je i masaža: suptilna, sa određenim dubokim pritiscima na mestima gde se oseća tenzija i gde je potrebno da intenzivnijim drenažnim pokretima potpomognemo eliminaciju otrova. Osećaj olakšanja posle ovakve masaže se širi celim telom, a serijski tretmani pomažu organizmu da se sam lakše pročišćava i samim tim manje sakupljaju otrovi. Posebno je značajna kod simptoma nesanice i neprekidne tenzije. Po potrebi, prilikom masaže se koriste adekvatna eterična ulja ili piling Flash.

FOOT REFLEXOLOGY

Duration: 30 min.
Price: RSD 1,700.00

Reflexology + Paraffin wrap: 45 min
Price: RSD 2,000.00

Foot massage is one of the oldest massage techniques. A particularly perfected technique of stimulation of specific points on the feet has a direct influence on specific organs in the whole body and alleviates or completely removes the pain, not only in feet but in organs with which these points corresponds.

According to reflexology, the body consists of 14 channels that transfer the energy through the nerves, lymph, blood. If, for any reason, this flow is interrupted, it is necessary to establish it by applying adequate stimulations. Through a massage (centuries old experiences teach us this) we can act in such a way to unblock the energy pathways. In this way, we can stimulate the internal organs, especially when it comes to the pain of certain organs (stomach, lungs, throat...) and when the massage of the painful parts is impossible.

FOOT MASSAGE

Duration: 20 min.
Price: RSD 1.100,00

This is one of the oldest massage techniques that is the basis of the body massage tradition. Since this is a part of our body that is very exposed to the physical effort of carrying our entire body's weight, as well as the specific appearance of the foot that consists of a large number of small bones and muscles, it is clear that this is a very subtle, and in the same time a powerful part of legs. Massage complies with this: subtle, with some deep pressures in places where tension is felt and where it is necessary to promote the elimination of the toxins by intensifying drainage movements. The sense of relief after such massage spreads throughout your body, and serial treatments could help the body to purify itself easier and therefore less accumulate toxins. It is especially important for symptoms of insomnia and continuous tension. If necessary, adequate essential oils or scrub FlashFeet are used during the massage.



SPA PROGRAM

Masaža tela sa pakovanjem

Pakovanje tela je negujući tretman kreiran da tonifikuje Vaše telo, hidrira, pročisti i zaceli Vašu kožu, kao i da opusti i pripremi Vaše mišiće za dalje izazove. Ovakva vrsta tretmana kombinuje terapijsku masažu sa širokim spektrom prirodnih preparata poput mineralnih soli, mineralnog blata, parafinskih krema, maski na bazi meda i algi.

PARAFINSKO PAKOVANJE

Parafinska parcijalno pakovanje: ruku/stomaka/nogu
Vreme trajanja tretmana: 30/40/45 min.
Cena tretmana: 1.200,00 din/ 2.000,00 din/ 2.500,00 din.

Eliminacija viška tečnosti i otoka iz tela. Ovim tradicionalnim tretmanom za mršavljenje brzo i efikasno se uklanja višak tečnosti iz organizma, čime se smanjuju otoci i eliminišu otrovi iz organizma. Osećaj posle ovakvog tretmana je sličan osećaju posle boravka u sauni, s tim što mogu da ga primenjuju i klijenti koji iz zdravstvenih razloga ne treba da koriste saunu.

Pakovanje celog tela
Vreme trajanja tretmana: 90 min.
Cena tretmana: 4.500,00 din.

Masaža/limfna drenaža celog tela radi se Parafinskom pomadom (osim grudi) i telo se pakuje deo po deo, kako se masaža završava. Posle ovog tretmana nije potrebno tuširanje, već se telo briše suvim peškirim, kako bi se prolongirao efekat detoksikacije i hidratacije.

Preporuka za dalju negu: Thermica krema, New Body krema, New Breast krema.
Parafinska pomada može da se koristi pre odlaska u saunu, čime se drastično ubrzava eliminacija toksina.

SPA PROGRAM

Massage with body wrapping

Body wrap is a nourishing treatment designed to tonify your body, hydrate, purify and heal your skin, as well as to relax and prepare your muscles for further challenges. This kind of treatment combines therapeutic massage with a wide range of natural products such as mineral salts, mineral mud, paraffin creams, honey and algae based masks.

PARAFFIN WRAPPING

Paraffin Partial wrapping: arms/abdomen/legs
Duration: 30/40/45 min
Price: RSD 1,200.00 RSD/ 2,000.00 RSD/ 2,500.00

Eliminating the excess of fluid and swelling in the body. This traditional treatment for weight loss helps to remove the excess of fluid from the body in a fast and very efficient way, which further helps reduce the swelling and eliminate toxins from the body. The feeling after this treatment is similar to the feeling after the stay in a sauna, but you can also use it with the clients who are not supposed to use sauna for healthy reasons.

Full body wrapping
Duration: 90 min
Price: RSD 4,500.00 din.

Massage/lymphatic drainage of the entire body is performed using Paraffina cream (except for the chest) and the body is wrapped one part at the time, as the massage ends. After this treatment it is not necessary to take a shower, as the body is wiped with a dry towel, to prolong the effect of detoxication and hydration.
Recommendation for further care: Thermica cream, New Body cream, New Breast cream.

Note: Paraffin cream can be used before entering a sauna, which drastically increases the elimination of toxins.

PAKOVANJA TELA PILING KOŽE

Piling sa mineralnim solima i eteričnim uljima
Vreme trajanja tretmana: 30 min.
Cena tretmana: 1.200,00 din.

*Ova vrsta tretmana se radi na foliji, ali telo se ne pakuje.

TRETMAN TELA TERMALNIM BLATOM

Postizanje efekta čiste i zategnute kože, preoblikovanja tela i blagotvorno dejstvo na koštano-mišićni sistem. Zahvaljujući posebnom termalnom efektu ima izuzetno dejstvo kod upalnih procesa (upala nerva), kada se primenjuje hladno, kao i u tretmanima redukcije i gubljenja masnih naslaga, kada se primenjuje zagrejano. U svim tretmanima deluje veoma intenzivno na čišćenje i zatezanje kože, a zahvaljujući jakoj detoksikaciji organizma, postiže se osećaj opšteg blagostanja.

Parcijalno pakovanje: ruke/stomaka/leđa/nogu
Vreme trajanja tretmana: 25/30/40/45 min.
Cena tretmana: 1.200,00 din /2.000,00 din/ 2.500,00 din/ 3.000,00 din.

Pakovanje celog tela
Vreme trajanja tretmana: 90 min.
Cena tretmana: 4.500,00 din.

Pre nanošenja blata na telo, na ugrožene regije može se naneti Hyperaemic oil (gde je potrebno zagrevanje) ili Sport gel (gde je potrebno hlađenje). Zatim se blato (prethodno pripremljeno u staklenoj posudi i pomešano sa mineralnom vodom, da bi moglo da se lakše aplikuje), nanosi na celo telo, uključujući i grudi i ostavlja na telu min. 20 minuta.

Klijent se tušira i na kraju može da se stavi završna krema za telo (u zavisnosti od potreba klijenta).

Produžena nega kod kuće: Sport gel, Thermica krema, New Body krema, New Breast krema...

Kataplazme od blata su blagotvorne u slučaju sportskih povreda (u kombinaciji sa Sport gelom deluje protivupalno, protiv bolova i na eliminaciju viška tečnosti/protiv otoka).

BODY WRAPPING SKIN PEELING

Peeling with mineral salts and essential oils
Duration: 30 min.
Price: RSD 1,200.00

*This type of treatment is done on film, however, the body does not need to be wrapped.

THERMAL MUD BODY TREATMENT

Achieving the effect of clean and tight skin, reshaped body and the beneficial effect on the musculoskeletal system. Due to a special thermal effect it has a great success with inflammatory processes (inflammation of the nerves), when applied cold, as well as with weight reduction and fat loss treatments, when applied hot. With all the treatments it has an intense effect on cleansing and tightening the skin, and due to a strong detoxication of the body, a feeling of general well-being is achieved.

Partial mud body wrap: back/stomach/arms/legs
Duration: 25/30/40/45 min.
Price: RSD 1,200.00/ RSD 2,000.00/ RSD 2,500.00/ RSD 3,000.00

Full body wrap
Duration: 90 min.
Price: RSD 4,500.00

Before applying mud onto the body, Hyperaemic oil can be put on the affected regions (where warming is needed) or Sport gel (where cooling is needed). Then the mud (previously prepared in a glass container and mixed with mineral water to be applied more easily), is spread onto the whole body, including the chest and left on the body for minimum 20 minutes.

The client takes a shower and lastly, a final body cream can be applied (depending on the client's needs).

Further care at home: Sport gel, Thermica cream, New Body cream, New Breast cream...

Clay cataplasms are beneficial in the case of sports injuries (in combination with Sport gel they have anti-inflammatory effect and relieve the pain, they also eliminate excess fluid/ reduce swelling).

TRETMAN TELA MINERALNIM SOLIMA

Uklanjanje izumrlih ćelija kože i podsticanje detoksikacije organizma. Pored čišćenja i uklanjanja izumrlih ćelija kože, podstiče se produkcija lipida, čime se postiže efekat mekoće, sjaja i vlažnosti kože. Istovremeno, obzirom na prisustvo natrijuma, kalcijuma i kalijuma, ova pakovanja tela su naročito preporučljiva u periodu rekovalescencije, kao i izlaganja organizma niskim temperaturama, kada značajno ojačavaju imunološki sistem i ubrzavaju proces regeneracije celog organizma.

Vreme trajanja tretmana: 90 min.
Cena tretmana: 4.500,00 din.

Radi se masaža celog tela mešavinom eteričnih ulja i sulfatnih morskih soli i telo se pakuje deo po deo, kako se masaža završava. Posle ovog tretmana je potrebno tuširanje.

SHILLY SHALLY TRETMAN TELA

Izuzetno efikasan u procesu tonifikacije tkiva u toku i posle razbijanja depozita štetnih materija ili zastoja tečnosti u organizmu, čime se drastično smanjuje celulit i ublažavaju strije na telu.

Parcijalno pakovanje: ruke/stomaka/leđa/noge
Vreme trajanja tretmana : 30/40/45/50 min.
Cena tretmana: 1.100,00/ 2.200,00/ 3.000,00/ 3.500,00 din.

Pakovanje celog tela
Vreme trajanja tretmana: 90 min.
Cena tretmana: 5.400,00 din.

Nanošenje Metaboličkog aktivatora (serum) na ugrožene delove zahvaćene celulitom. Kada koža dobro upije, nanosi se lepljiva krema za masažu i pokretima vakuuma se izvode drenažni pokreti. Kada prestane efekat lepljenja, nanosi se maska, telo se pakuje u folije i ostavlja 10-ak minuta. Zatim se klijentkinja tušira.
Predlog za produženu negu: Thermica krema, Metabolički aktivator Shilly Shally.

MINERAL SALT BODY TREATMENT

Removal of dead skin cells and stimulation of the body detoxification. In addition to cleaning the skin and removing dead skin cells, it stimulates the production of lipids, thus creating the effect of softness, glow and moisture of the skin. At the same time, due to the presence of sodium, calcium and potassium, these body wraps are particularly recommended in the period of convalescence, as well as during the exposure of the body to low temperatures, when the immune system is significantly strengthened and the regeneration of the whole body is accelerated.

Duration: 90 min
Price: RSD 4,500.00.

It is a full body massage with a mixture of essential oils and sea salt sulfates and then the body is wrapped part by part, as the massage is coming to an end. After this treatment it is necessary to take a shower.

SHILLY SHALLY BODY TREATMENT

Extremely efficient in the process of toning the tissue during and after the breaking up of the deposits of harmful substances or fluid blockage in the body, which drastically reduces cellulite and softens the stretch marks on the body.

Partial body wrap: arms/stomach/back/legs
Duration: 30/40/45/50 min
Price: RSD 1,100.00/ RSD 2,200.00/ RSD 3,000.00/ RSD 3,500.00

Full body wrap
Duration: 90 min
Price: RSD 5,400.00.

Applying Metabolic Activator (serum) onto the areas affected by cellulite. When the skin absorbs it, the sticky massage cream is applied and the drainage is performed using the pumping movements. When the sticky effect stops, a mask is applied, the body is wrapped in foils and is left for about 10 minutes. Then the client takes a shower.

Recommendation for further care: Thermica cream, Shilly Shally Metabolic activator.

KRIOTERAPIJA **- Metoda GIO&BRA -**

Cilj: Tretmani kojima se brzo i efikasno postiže detoksikacija, hidratacija i tonifikacija kože, kao i intenzivno delovanje na uzroke stvaranja fibroznog i edematoznog celulita i akumulaciju masnih naslaga. Zahvaljujući produženom dejstvu ovih preparata, intenzivira se metabolizam kako na nivou kože, tako i na nivou celog organizma.

Delovanje BRA preparata olakšava eliminaciju viška tečnosti iz organizma, a GIO značajnije deluje na smanjenje masnih naslaga. Iz ovih razloga, idealna su kombinacija u tretmanima za preoblikovanje tela.

Parcijalno pakovanje

Vreme trajanja tretmana : 45 min.

Cena tretmana: 2.500,00 din.

Pakovanje celog tela

Vreme trajanja tretmana: 90 min.

Cena tretmana: 4.500,00 din.

Drenaža tela se radi preparatom sa oznakom 1 (BRA1/GIO1), a preparati sa oznakom 2 i 3 se samo nanose na telo. Krio efekti se osećaju posle 10-15 minuta, tako da se aplikacija preparata ne treba da traje duže od 20-ak minuta (pakovanje stoji 45-90minuta i u tom intervalu se radi masaža glave), s tim što se dejstvo preparata oseća i narednih 24 sata.

Produžena nega kod kuće: Thermica krema, New Body krema, New Breast krema....

CRYOTHERAPY **- GIO&BRA Methods -**

Aim: The treatment which will help achieve detoxification quickly and easily, as well as hydration and skin tonification, but it also has an intensive effect on the causes of fibrous and edematous cellulite and fat accumulation. Due to the prolonged effect of these products, the metabolism is intensified at the skin level and at the level of the whole body.

The effect of the BRA products helps the release of excess fluid from the body, whereas GIO has a significant effect on reduction of fat deposits. For these reasons, they are the ideal combination intreatments for body reshaping.

Partial wrap

Duration: 45 min.

Price: RSD 2,500.00

Full body wrap

Duration: 90 min.

Price: RSD 4,500.00

Body drainage is performed using the products labeled with 1 (BRA1/GIO1), and the products labeled with 2 and 3 are applied to the body directly. The effects of cryotherapy are felt immediately after 10-15 minutes, so that the application of the products should not take longer than (the wrap stays for 45-minutes and during that period a head massage is performed), however you can feel the effect of the products even in the next 24 hours.

Further care at home: Thermica cream, New Body cream, New Breast cream...



LUX PROGRAM

Lukšuzni Beauty Imagini rituali

Tretmani na bazi plemenitih metala (srebra i zlata), kakaoa, argan ulja i aromaterapeutskih esencija... Praznik za sva čula... Povratak zadovoljnoj, srećnoj ženi i svesnom, snažnom muškarcu... Samo za posebne...

ARGENTUM TRETMANI

Ritualni tradicionalni tretmani koji imaju snažno pročišćavajuće dejstvo, veoma brzo dovode u balans tretirani organizam. Ravnoteža se uspostavlja na ćelijskom nivou i zato je posebno značajan u svim slučajevima naglašene osetljivosti i sklonosti alergijskim reakcijama.

Primena čestica srebra ima posebno, simbolično značenje oslobađanja i pojačanog osećaja sopstvene snage i moći regeneracije.

Masaža srebrnim uljem
Vreme trajanja tretmana: 90 min.
Cena tretmana: 5.000,00 din.

Masaža srebrnim uljem + Argentum tretman (srebrna maska)
Vreme trajanja tretmana: 120 min.
Cena tretmana: 6.900,00 din.

Masaža srebrnim uljem + Argentum Lux tretman
Vreme trajanja tretmana: 120 min.
Cena tretmana: 7.900,00 din.

Argentum body wrapping (masaža tela mešavinom srebrnog ulja i mineral soli)
Vreme trajanja tretmana: 90 min.
Cena tretmana: 6.000,00 din.

Argentum body wrapping (masaža tela sa mešavinom srebrnog ulja i mineralnih soli) + Argentum tretman (srebrna maska)
Vreme trajanja tretmana: 120 min.
Cena tretmana: 7.900,00 din

Argentum body wrapping (masaža tela sa mešavinom srebrnog ulja i mineralnih soli) + Argentum Lux tretman
Vreme trajanja tretmana: 120 min.
Cena tretmana: 8.500,00 din.

LUX PROGRAM

Luxury Beauty Imagini rituals

Treatments based on precious metals (silver and gold), cocoa, argan oil and Aromatherapeutic essentials oils ... A holiday for all senses ... A return to a happy, fulfilled woman and a conscious, powerful man ... Only for special ...

ARGENTUM TREATMENTS

Ritual traditional treatments which have a strong purifying effect and they quickly lead treated skin to balanced state. Balance is established at the cellular level and this is why it's particularly important in all cases of exaggerated sensitivity and tendency to allergic reactions.

Application of silver particles has a special, symbolic meaning of liberation and an enhanced sense of one's own strength and power of regeneration.

Massage with silver oil
Duration: 90 min.
Price: 5.000,00 din.

Massage with silver oil + Argentum treatment (silver mask)
Duration: 120 min.
Price: 6,900.00 din.

Massage with silver oil + Argentum Lux treatment
Duration: 120 min.
Price: 7.900,00 din.

Argentum body wrapping (body massage with a mixture of silver oil and mineral salts)
Duration: 90 min.
Price: 6,000.00 din.

Argentum body wrapping (body massage with a mixture of silver oil and mineral salts) + Argentum treatment (silver mask)
Duration: 120 min.
Price: 7.900,00 din

Argentum body wrapping (body massage with a mixture of silver oil and mineral salts) + Argentum Lux treatment
Duration: 120 min.
Price: 8.500,00 din.

AURUM TRETMANI

Intenzivan osećaj procesa regeneracije i podmlađivanja zahvaljujući korišćenju specifičnih mešavina sa uljem bogatim česticama zlata prolongiraće vreme produktivnog doba svih koji se opredele za jedan od tretmana namenjenih onima koji imaju suptilan osećaj za suštinu i kvalitet.

Idealan tretman za sve preko 35. godine starosti! Hidratacija epiderma i usporavanje umnožavanja ostarelih ćelija kože govore o izuzetnoj efikasnosti protiv bora, a sitne čestice zlata posebno deluju kao prirodni antioksidansi.

Masaža zlatnim uljem

Vreme trajanja tretmana : 90 min.

Cena tretmana: 5.000,00 din.

Masaža zlatnim uljem + Aurum tretman (zlatna maska)

Vreme trajanja tretmana : 120 min.

Cena tretmana: 6.900,00 din.

Masaža zlatnim uljem + Aurum Lux tretman

Vreme trajanja tretmana: 120 min.

Cena tretmana: 7.900,00 din.

Aurum body wrapping (masaža tela sa mešavinom zlatnog ulja i mineralnih soli)

Vreme trajanja tretmana: 90 min.

Cena tretmana: 6.000,00 din.

Aurum body wrapping (masaža tela sa mešavinom zlatnog ulja i mineralnih soli) + Aurum tretman (zlatna maska)

Vreme trajanja tretmana: 120 min.

Cena tretmana: 7.900,00 din.

Aurum body wrapping

(masaža tela sa mešavinom zlatnog ulja i mineralnih soli) + Aurum Lux tretman

Vreme trajanja tretmana: 120 min.

Cena tretmana: 8.500,00 din.

AURUM TREATMENTS

Result of these treatments is intense sense of the regeneration and rejuvenation process, thanks to the use of specific blends of oil rich with gold particles, who will prolong the time of the productive age of all who choose one of the treatments intended for those who have a subtle sense of essence and quality.

An ideal treatment for anyone over the age of 35! Hydration of the epidermis and reduced production of elderly skin cells reveal exceptional anti-wrinkle efficiency, and fine particles of gold especially act as natural antioxidants.

Massage with golden oil

Duration: 90 min.

Price: 5.000,00 din.

Massage with golden oil + Aurum treatment (gold mask)

Duration: 120 min.

Price: 6,900.00 din.

Massage with golden oil + Aurum Lux treatment

Duration: 120 min.

Price: 7.900,00 din.

Aurum body wrapping (body massage with a mixture of golden oil and mineral salts)

Duration: 90 min.

Price: 6,000.00 din.

Aurum body wrapping (body massage with a mixture of golden oil and mineral salts) + Aurum treatment (gold mask)

Duration: 120 min.

Price: 7.900,00 din.

Aurum body wrapping (body massage with a mixture of golden oil and mineral salts) + Aurum Lux treatment

Duration: 120 min.

Price: 8.500,00 din.

- TRETMANI NA BAZI KAKAO ULJA -

Negujuće, hranljivo i zaštitno dejstvo kakao ekstrakta je razlog za čestu upotrebu čokolade u kozmetologiji.

Antioksidanti (teobromin, tanin) sadržani u kakaou imaju pozitivan uticaj na cirkulaciju krvi i pročišćavanje krvnih sudova.

Pritom, dejstvo čokolade na stimulaciju proizvodnje endorfina koji deluje protiv bola, kao i na stvaranje serotonina zbog čega utiče na dobro raspoloženje svakako su razlozi da ova vrsta tretmana ima posebno intenzivno dejstvo u slučajevima pojačanog stresa koji svakako za posledicu ima oslabljen tonus kože koja ostaje bez sjaja i energije.

JAFFA TRETMANI:

Jaffa tretman

Posebno namenjen ženama!

Kombinacija ulja od kakaoa sa eteričnim uljem pomorandže posebno će probuditi čudesnu žensku energiju koja će posle ovakvog tretmana biti radosna i srećna.

Masaža uljem od kakaoa sa eteričnim uljem pomorandže

Vreme trajanja tretmana : 90 min.

Cena tretmana: 4.500,00 din.

Masaža uljem od kakaoa sa eteričnim uljem pomorandže + Maska za lice od kakaoa (Feel good)

Vreme trajanja tretmana : 120 min.

Cena tretmana: 6.500,00 din.

Jaffa body wrapping

(masaža tela sa mešavinom ulja od kakaoa, pomorandže I mineralnih soli)

Vreme trajanja tretmana : 120 min.

Cena tretmana: 5.500,00 din.

Jaffa body wrapping

(masaža tela sa mešavinom ulja od kakaoa, pomorandže I mineralnih soli) + Maska za lice od kakaoa (Feel good)

Vreme trajanja tretmana : 120 min.

Cena tretmana: 7.000,00 din.

- TREATMENT BASED ON COCOA OIL -

The nourishing, nutritious and protective effect of cocoa extract is the reason for the frequent use of chocolate in cosmetology.

Antioxidants (teobromine, tannin) contained in cocoa have a positive effect on blood circulation and purification of blood vessels.

In addition, chocolate stimulates production of endorphin which works against pain as well as the production of serotonin, which is why chocolate enhances good mood. These are the reasons why this type of treatment has a particularly intense effect in cases of increased stress, which certainly results in a weakened skin tone and losing glow and energy.

JAFFA TREATMENTS:

Jaffa treatment

Especially made for women!

Combination of cocoa oil and essential oil of orange will awaken the wonderful female energy that will be filled with joy and happiness after such treatment.

Massage with cocoa oil and essential orange oil

Duration: 90 min.

Price: 4.500,00 din.

Massage with cocoa oil and essential orange oil + Feel Good Face Mask

Duration: 120 min.

Price: 6.500,00 din.

Jaffa body wrapping

(body massage with a mixture of cocoa oil, orange oil and mineral salt)

Duration: 120 min.

Price: 5.500,00 din.

Jaffa body wrapping + Feel Good Face Mask

(body massage with a mixture of cocoa, orange and mineral salts + cocoa based face mask)

Duration: 120 min.

Price: 7.000,00 din.

~ TRETMANI NA BAZI KAKAO ULJA ~

AFTER EIGHT TRETMANI:

Posebno namenjen muškarcima!
Kombinacija ulja od kakaoa sa svežinom eteričnog ulja nane dodatno će ojačati energiju svesnog jakog muškarca koji će posle ovakvog tretmana biti spreman za nove izazove.

Masaža uljem od kakaoa sa eteričnim uljem mente

Vreme trajanja tretmana : 90 min.
Cena tretmana: 4.500,00 din.

Masaža uljem od kakaoa sa eteričnim uljem mente + Maska za lice od kakaoa (Feel good)

Vreme trajanja tretmana: 120 min.
Cena tretmana: 6.500,00 din.

After eight body wrapping

(masaža tela sa mešavinom ulja od kakaoa, mente i mineralnih soli)

Vreme trajanja tretmana: 120 min.
Cena tretmana: 5.500,00 din.

After eight body wrapping

(masaža tela sa mešavinom ulja od kakaoa, mente i mineralnih soli) + Maska za lice od kakaoa (Feel good)

Vreme trajanja tretmana : 120 min.
Cena tretmana: 7.000,00 din.

~ TREATMENT BASED ON COCOA OIL ~

AFTER EIGHT TREATMENTS:

Especially made for men!

Combination of cocoa oil with fresh essential oil of mint will strengthen the energy of a conscious strong man who will be ready for new challenges after such treatment.

Massage with cocoa oil with essential oil of mint

Duration: 90 min.
Price: 4.500,00 din.

Massage with cocoa oil with essential oil of mint + Feel good face mask

Duration: 120 min.
Price: 6.500,00 din.

After eight body wrapping

(body massage with a mixture of cocoa and mint oil and mineral salt)

Duration: 120 min.
Price: 5.500,00 din.

After eight body wrapping + Feel good face mask

(body massage with a mixture of cocoa and mint oil and mineral salt + cocoa based face mask)

Duration: 120 min.
Price: 7.000,00 din.

OSTALE USLUGE

Manikir

Estetsko i higijensko čišćenje noktiju i šaka, french manikir.

Vreme trajanja tretmana: 30 min.

Cena tretmana: 1.000,00 din.

Cena sa parafinskim pakovanjem: 1.300,00

Posebno izdvojamo FLASH manikir tretman koji daje izvrstan manikir efekat zahvaljujući pravoj kombinaciji ulja, kao što su esencijalna ulja od tajlandske ruže Moskete, ulja cveta Hristovog venca koje pored snažne regenerativne osobine daju Flash-u karakterističnu boju i miris.

Pedikir

Estetsko i higijensko čišćenje noktiju i stopala.

Vreme trajanja tretmana: 45 min.

Cena tretmana: 2.000,00 din.

Cena sa parafinskim pakovanjem: 2.400,00

Manikir & Pedikir

Vreme trajanja tretmana: 75 min.

Cena tretmana: 2.500,00 din.

Depilacija

Uklanjanje suvišnih dlačica sa površine kože hladnim voskom (ruke, noge, leđa i stomak) i toplim film voskom u predelu osetljivih regija (pazuh i bikini zona).

Vreme trajanja tretmana: 15/30/45/90 min.

Cena tretmana:

Nausnice 350,00

Pazuh 500,00

Bikini 900,00

Ruke, pola nogu 1200,00

Cele noge 1500,00

OTHER SERVICES

Manicure

Aesthetic and hygienic nail and hand cleaning, French manicure.

Duration: 30 min

Price: RSD 1,000.00

*We especially present FLASH manicure treatment which gives a great manicure effect due to the right oil combination such as essential oils of Thai rosa mosqueta, oils from the Christ's flower wrath, which in addition to the powerful regenerative feature gives Flas a specific colour and scent.

Pedicure

Esthetic and hygienic cleaning of nails and feet.

Duration: 45 min

Price: RSD 2,000.00

Price with paraffine wrapping: RSD 2,400.00

Pedicure & Manicure

Duration: 75 min

Price: RSD 2500.00

Waxing

Removal of superfluous and excessive hair from the skin surface using cold (thick viscous mass) or warmed wax (wax heated to the temperature of 40oC)

Duration: 15/30/45/90 min

Price:

POVOLJNOSTI PRI PLAĆANJU SERIJSKIH TRETMANA:

Serijski tretmani za očuvanje vitalne energije

Uplata za seriju od 4 masaže: 10% popusta

14.400,00 din. (umesto 16.000,00 din.)

Pakovanja tela

(preoblikovanje, detox, tonifikacija, antistres...)

Uplata za seriju od 8 i više tretmana omogućava popust od 15%

3.825,00 din. (umesto 4.500,00 din.)

4.675,00 din. (umesto 5.500,00 din.)

2.125,00 din. (umesto 2.500,00 din.)

Anticelulit tretmani

Uobičajena serija: 8-12 tretmana

Uplata za seriju omogućava 15% popusta

1.445,00 (umesto 1.700,00 din.)

1.275,00 (umesto 1.500,00 din.)

Tretmani lica (anti-aging program, hidratacija, dezinkrustacija, akne, ujednačavanje pigmentacije)

Uplata za seriju 4 do 12 tretmana omogućava 20% popusta:

3.920,00 din. (umesto 4.900,00 din.)

2.320,00 din. (umesto 2.900,00 din.)

2.000,00 din. (umesto 2.500,00 din.)

960,00 din. (umesto 1.200,00 din.)

Shilly - Shally tretman lica + vrat + grudi:

3.280,00 din. (umesto 4.100,00 din.)

***PRAVO NA POPUST SE STIČE UPLATOM CELE SERIJE, A ISKAZANE CENE SE ODNOSE NA POJEDINAČNE TRETMANE.**

BENEFITS WHEN PAYING A SET OF TREATMENTS:

A set of treatments for maintaining vital energy

Payment for the series of 4 massages a month: 10% discount

RSD 14,400.00 (instead of RSD 16,000.00)

Body wrapping

(Reshaping, detox, tonification, anti-stress...)

Payment for the whole set gives 15% a discount:

RSD 3,825.00 (instead of RSD 4,500.00)

RSD 4,675.00 (instead of RSD 4,900.00)

RSD 2,125.00 (instead of RSD 2,500.00)

Anti-cellulite treatments

The usual set: 8-12 treatments

Payment for the whole set gives 15% a discount:

RSD 1,445.00 (instead of RSD 1,700.00)

RSD 1,275.00 (instead of RSD 1,500.00)

Facials (anti-aging program, hydration, desincrustation, acne, pigment equalizing)

Minimal set: 2 + 2 treatments (Shilly Shally + Aurum/Argentum)

Usual set: two or three times a week

Payment for the whole set provides the following 20% discounts:

RSD 3,920.00 (instead of RSD 4,900.00)

RSD 2,320.00 (instead of RSD 2,900.00)

RSD 2,000.00 (instead of RSD 2,500.00)

RSD 960.00 (instead of RSD 1,200.00)

Shilly - Shally face + neck + breast treatment:

3,280.00 (instead of RSD 4,100.00)

*** THE RIGHT TO DISCOUNT IS RETAINED TO ALL FULL PAYMENTS OF SERIES IN ADVANCE, AND THE EXPRESSED PRICES ARE RELATED TO INDIVIDUAL TREATMENTS.**

WELLNESS PAKETI

GOLDEN PAKETI

Polupansionski smeštaj u A bloku (švedski sto),
Piće dobrodošlice (po izboru),
Pregled lekara (opciono),
Lux program
(Aurum/Argentum/Jaffa/After Eight - masaža/pakovanje tela i lux tretman lica)
Korišćenje vodenog bloka (bazen, saune, parno kupatilo, ruske kupke) i slane sobe SPA&wellness Čigota

Vreme trajanja paketa: 1, 2 ili 5 dana

Vreme trajanja: 1 dan (2 dana, 1 noćenje)
Cena za jednu osobu: 13.500
Cena za dve osobe: 25.000

Vreme trajanja: 2 dana (3 dana, 2 noćenja)
Cena za jednu osobu: 25.000
Cena za dve osobe: 45.000

Vreme trajanja: 5 dana (7 dana, 6 noćenja)
Cena za jednu osobu: 70.000
Cena za dve osobe: 120.000

WELLNESS DETOKS PAKET

Obuhvata pregled lekara, laboratorijske analize, određivanje telesne kompozicije, Čigota ishranu i fizičku aktivnost (grupno vežbanje Čigota program), korišćenje vodenog bloka i slane sobe SPA&wellness Čigota, detox pakovanja lica i tela koji se rade prema individualnim potrebama učesnika programa. U terapijama se koriste duboki drenažni pokreti (Globwell masaža) u kombinaciji sa aromaterapijom, mineralnim solima, termalnim blatom, krio terapijom i drugim preparatima koji podstiču eliminaciju otrova iz organizma. Detox programi su namenjeni učesnicima kod kojih se primećuje zadržavanje viška tečnosti u organizmu, osećaj stalnog umora, kao i osećaj da je prirodan energetski tok blokiran toksinima. Ovakvo stanje organizma često je uzrokovano upotrebom određene terapije u vreme trajanja bolesti, nezdravim načinom života (nekretanjem, neredovnom i nepravilnom ishranom, čestim korišćenjem kompjutera i mobilnih telefona, boravkom u zatvorenim prostorima, posebno gde postoji prisustvo hemijskih isparenja ili duvanskog dima itd).

Vreme trajanja: 5/10 dana
Cena: 20.000,00 din/ 36.000,00 din

WELLNESS PACKAGES

GOLDEN PACKAGES

Half board accommodation in A block (buffet table),
Welcome drink (optional),
Physician Overview (Optional),
Lux program
(Aurum / Argentum / Jaffa / After Eight - body massage and lux facial treatment)
Use of a water block (swimming pool, saunas, steam baths, russian baths) and salt rooms SPA & wellness Čigota

Package duration: 1, 2 or 5 days

Duration: 1 day (2 days, 1 night)
Price for one person: 13.500 rsd
Price for two persons: 25.000 rsd

Duration: 2 days (3 days, 2 nights)
Price for one person: 25.000 rsd
Price for two persons: 45.000 rsd

Duration: 5 days (7 days, 6 nights)
Price for one person: 70.000 rsd
Price for two persons: 120.000 rsd

WELLNESS DETOKS PACKAGE

WELLNESS DETOKS PACKAGE It includes a medical examination, laboratory analysis, determination of body composition, Čigota nutrition and physical activity (group exercise of the Čigota program), use of the water block and salt room SPA & wellness Čigota, detox packing of face and body that work according to the individual needs of the participants of the program. The therapies use deep drainage movements (Globwell massage) in the combination with aromatherapy, mineral salts, thermal mud, cryo therapy and other preparations that encourage the elimination of toxins from the body.

The Detox program is intended for participants who notice the retention of excess fluid in the body, the feeling of constant fatigue, and the feeling that the natural energy flow is blocked by toxins. This state of the organism is often caused by the use of certain therapy at the time of illness, unhealthy lifestyle (Immobility, irregular and improper diet, frequent use of computers and mobile phones, stay indoors, especially where there is the presence of chemical vapors or smoke, etc.).

Package duration: 5, 10 days
Price: 20.000,00 rsd/36.000,00 rsd

WELLNESS ANTISTRES PROGRAMI

WELLNESS ANTISTRES PROGRAMI su naročito namenjeni gostima koji su izloženi konstantnom stresu (menadžeri, lideri, korporativnom sektoru...). Ovi programi obuhvataju holističke antistres terapije (masaže celog tela, parcijalne masaže glave, stopala), u okviru kojih se koristi aromaterapija, krioterapija, vežbe disanja koje služe za umirenje uma, kao i meditacije. U okviru programa, predviđeno je korišćenje vodenog bloka i slane sobe SPA&wellness-a Čigota u vremenu od 1h.

Preparati koji se koriste u antistres terapijama su na bazi hladno ceđenih baznih ulja i specijalnih esencija koje služe za relaksaciju, umirenje i poboljšanje koncentracije.

Vreme trajanja paketa: 3, 5 ili 7 dana

Cena: 10.000

Vreme trajanja: 3 dana

Cena: 16.000

Vreme trajanja: 5 dana

Cena: 21.000

Vreme trajanja: 7 dana

WELLNESS ANTIAGING PAKETI

(Wellness paketi za podmlađivanje I regeneraciju)

Wellness paketi za podmlađivanje i regeneraciju obuhvataju regenerativna pakovanja lica, tela i kosmatog dela glave, prema individualnim potrebama učesnika programa. U terapijama se koriste regenerativne sveobuhvatne terapije (holistička, globwell masaža) i preparati na bazi plemenitih metala (srebra i zlata), kakaoa, argan ulja, kokosovog i lanenog ulja, kao i drugi preparati koji imaju regenerativno dejstvo. U okviru paketa predviđeno je korišćenje vodenog bloka i slane sobe SPA&wellness Čigota u vremenu od 1h.

Ovi programi su namenjeni učesnicima posle 35-e godine koji žele da produže svoj produktivni period života, preventivno delujući na procese prirodnog starenja, uz preporuke za produženu negu kod kuće

Vreme trajanja paketa: 3, 5 ili 7 dana.

Cena: 15.000 din

Vreme trajanja: 3 dana

Cena: 25.000

Vreme trajanja: 5 dana

Cena: 30.000

Vreme trajanja: 7 dana

WELLNESS ANTISTRES PROGRAMS

WELLNESS ANTISTRES PROGRAMS are especially designed for guests who are exposed to constant stress (managers, leaders, corporate sector ...). These programs include comprehensive anti-stress therapy (whole body massage, partial massage of the head, feet), using aromatherapy, cryotherapy, breathing exercises that serve to calm the mind, as well as meditation. Within the program, it is provided to use the water block and salt rooms SPA & wellness Čigota for a period of 1 hour.

Preparations used in anti-stress therapies are based on cold-pressed base oils and special essences that serve for relaxation, calming and improving concentration.

Package duration: 3, 5 or 7 days

Price: 10.000 rsd

Duration: 3 days

Price: 16.000 rsd

Duration: 5 days

Price: 21.000 rsd

Duration: 7 days

WELLNESS ANTIAGING PACKAGES

(Wellness packages for revitalization and regeneration)

Wellness packages for revitalization and regeneration include regenerative packaging of the face, body and scalp, according to the individual needs of the program participants. In the regenerative therapies we are using comprehensive therapies (holistic, globwell massage) and products based on noble metals (silver and gold), cocoa, argan oil, coconut oil and flax, as well as other compositions which have regenerative properties. Within the package, it is planned to use the SPA & wellness Čigota water block and salt rooms for a period of 1 hour.

These programs are intended for participants after the age of 35 who want to extend their productive life span, preventively acting on natural aging processes, along with recommendations for extended home care.

Package duration: 3, 5 or 7 days

Price: 15.000 rsd

Duration: 3 days

Price: 25.000 rsd

Duration: 5 days

Price: 30.000 rsd

Duration: 7 days

SPA&WELLNESS ČIGOTA

- vodeni blok i slana soba -

Eksterni gosti
Bazen, sauna, parno kupatilo, ruske kupke i slana soba (3h)

3.500,00 din

Regularni gosti Čigote na pansionu
Sauna, parno kupatilo, ruske kupke i slana soba 3h

2.500,00 din

Gosti na Čigota programu:
Cena programa uključuje korišćenje bazena, saune i
parnog kupatila u intervalu od 3h

/

Bazen 1h
Ruska kupka 20'
Slana soba 40' (odrasli)
Slana soba 20' (deca do 12 godina uz pratnju roditelja)

1.000,00 din
500,00 din
1.000,00 din
800,00 din

SPA&WELLNESS ČIGOTA

- water block and sauna -

External guests
Pool, sauna, steam bath, Russian baths and salt rooms (3h)

3.500,00 RSD

Regular guests of Čigota at the full boarding house
Sauna, steam bath, Russian baths and salt rooms (3h)

2.500,00 RSD

Guests at the Čigota program:
The price of the program includes the use of water block Pool, sauna,
steam bath, Russian baths and salt rooms 3h

/

Pool 1h
Russian bath 20'
Salt room 40' (adults)
Salt room 20' (children under 12 years accompanied by their parents)

1.000,00 RSD
500,00 RSD
1.000 RSD
800,00 RSD

Informacije:

