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THYROID SCINTIGRAPHY WITH ⁹⁹Tc-MIBI IN PATIENTS ON AMIODARONE THERAPY

Abstract

Amiodarone (AMD) is a potent antiarrhythmic drug, liposoluble benzofuran derivative, containing 75 mg of iodide per 200 mg of active substance (2 atoms of iodine per molecule or 37,2% of molecular weight) and with elimination half-life of several months. Metabolism of 200 mg of AMD yields approximately 6 mg/day of inorganic iodide in circulation. In susceptible patients chronic iodine overload and/or direct cytotoxicity of the drug can induce thyroid dysfunction (TD) – hypothyroidism (AIH), thyrotoxicosis (AIT) or subclinical TD. Cellular uptake of ^{99m}Tc-MIBI, cationic complex, is related to its charge and lipophilicity and highly negative membrane potential in the endomitochondrial element which traps the tracer within the organelle's matrix not organ specifically. MIBI is not retained in irreversibly ischemic cells and could be a highly sensitive marker of cell viability. It provides good quality thyroid scans. It seems that TSH and iodine overload do not influence MIBI uptake in the thyroid. Our aim was to estimate capability of MIBI to visualise thyroid tissue in our patients on chronic iodine overload by amiodarone medication. Scintigraphy was done 15-30 minutes after i.v. application of 222-296 MBq ^{99m}Tc-MIBI using gamma camera Siemens Diacam, matrix 256x256, with high resolution parallel collimator. Results are shown in the table and discussed in the article.

Key words: Amiodarone, ^{99m}Tc-MIBI thyroid scintigraphy